

HEALING INNER VOICES

A Peer-Led Project to reduce stigma,
build community and create cultural safety



drawing wisdom.ca



STAND UP!

Join Peers in the fight
against HIV stigma



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Medicine Wheel Visual • Our Peer-led Vision

SPIRIT

- Spiritual approach
- Stories of hope, healing & resilience
- Connect to spirit & culture
- Ceremony
- From our spirit to yours
- Healing journey
- Sobriety

HEART

- You are not alone
- Self-compassion
- Compassion and understanding
- Journey from “Mind to Heart”
- Community
- Creating change
- Change warriors



BODY

- Weaving Western & Indigenous medicine
- Undetectable = Untransmittable
- Medication adherence
- Access to healthcare
- Peer to Peer
- Honoring our bodies
- Indigenous health

MIND

- Challenge perspectives
- Offer clarity & understanding of HIV/AIDS
- Address intersection of stigmas
- Knowledge transfer
- Educate, teach, learn
- Self advocate
- Empower minds & voices



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Stories of hope,
healing & resilience

Connect to spirit & culture


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How do we want to do it in the “new normal”?

We have lived experience to offer through virtual events similar to this one.



Taking our Teachings Online

- Film screenings
- Panel discussions
- Audience Interaction
- Talking Circles
- Guest speakers including Elders offering teachings
- Motivational speaking

Why Peer-Led?

A decolonized and spiritual approach to address HIV stigma within our communities

Indigenous knowledge transfer through storytelling - stories of healing and resilience



Who are we are hoping to reach?

- Newly Diagnosed
- Community Members
- Remote Communities
- Indigenous Service Providers
- Health Care Providers
- Non-profit Organizations



What Stakeholders can do to support us

- Include us in your conferences and events
- Book a Peer-led virtual screening event
- Sponsor a custom designed event or speaking engagement with Peers

What Stakeholders can do to support us

Promote our Campaign and project on your website, social channels and through your networks.

Want to get involved? Partner with us!

Please share your Ideas with us!

HealingInnerVoices.com

- Feedback form
- Booking inquiry form
- Follow-up information
- Contact details



Thank you to our current partners!

